

Presented by



Saratoga Cross Country Classic 5k

Revised 9/19/16

Sunday, October 30, 2016, 10:00 AM

Saratoga Spa State Park
Saratoga Springs, New York

Open Competition &
USATF Adirondack Championship
Individual & Team Competition
www.saratogaXCclassic.com



This is the 5k Championship Course in the Spa State Park that is the home course of the Saratoga Springs High School Cross Country Team as well as several other area championships and invitational meets. The race starts and finishes on the wide grassy area between the Spa Little Theater and Hall of Springs parking lot. This cross country course combines flat and hilly terrain on open and wooded trails.

Schedule:

- **8:00am** USATF Adirondack 5km Race Walk Championship (USATF Members & Open)
- **8:15am** Kids 2k & 3k course walk through.
- **9:00am** Kids 2k & 3k Developmental XC Runs
- **10:00am** Cross Country Classic 5K (includes Adirondack Assoc. Championship)

Registration: Online or Day of Meet (No mail in registrations accepted)

To Register: [Click here](#)

USATF Adirondack 5 km Race Walk Championship (same shirts and pricing as the 5K)

5k Cross Country Classic

- \$25 through 10/18
 - \$30 starting 10/19 (online registration closes 10/27 at 11:59pm)
 - \$35 on race day (**must register 30 mins prior to the start of the race**)
- ◆ Adult (wicking) T- Shirt for 5k & Race Walk— (Guaranteed to first 300 entrants)



USATF Adirondack Team declaration form available on usatfadir.org ** **submit to: eventinfo@usatfadir.org**

** Awards go to the USATF Adirondack registered **clubs with the most member finishers** who compete in the Saratoga Cross Country Classic 5km.
First place receives \$100.00 and second place receives \$50.00.

Kids' Runs

(2k, 3k): *Age 13 & under on race day*

\$10 online Registration closes 10/27 at 11:59pm

\$15-Day of Race Registration (*Place or Finisher ribbons given to all runners*)

Youth Coaches/Club teams submit rosters by 10/28 available on our web site *** **submit to: eventinfo@usatfadir.org**

- ◆ Kid's fun give away (for 2k & 3k only) choice of water bottle or string back pack (while they last)
- ◆ **Youth (wicking) T-shirts for purchase.** Order online at time of registration only \$12. Order deadline: Oct. 9, 2016
Day of race \$15 (day of race—quantities and sizes available not guaranteed)

*** **Kids 2k & 3k (13yrs & under) Club Challenge** the 3 teams with the most member finishers will receive for 1st place \$100, 2nd place \$75, 3rd place \$50 (Open to all USATF Youth Clubs or established Running Teams) **Complete and submit Youth Roster.**

Saratoga XC Classic awards will be given out as soon as results are available after finish of race - on site.

USA Track & Field Adirondack
518 - 273 - 5552 eventinfo@usatfadir.org

Pat Glover, Race Director:
EMAIL: piglove@aol.com

Don Lawrence, Race Walk Director
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