



## 2016 USATF Adirondack Association LDR CLUB Grand Prix

**NEW FOR 2016**

What is the CLUB Grand Prix?

The 2016 CLUB Grand Prix is an USATF Adirondack Association member club competition. If you are a 2016 USATF member and belong to one of our many USATF Adirondack Association clubs, then all you have to do is finish in any one of the 2016 Grand Prix races. We'll do the rest. Just by finishing the race, you will score valuable points for your Club.

You can become a member of USATF here:

<https://www.usatf.org/membership/application/index.asp>

To find contact information for USATF Adirondack member Clubs go to:

<http://www.usatfadir.org/>

Look under: "Membership/Services" and then "Clubs".

### Rules, Scoring and Awards

**Grand Prix History and Overview:** The USATF Adirondack Individual Grand Prix was begun in 2007 with the goal of highlighting many of the region's best races and drawing top tier runners together. This year we have added a CLUB team competition to the Grand Prix. The Grand Prix is a partnership between the USATF Adirondack Association and many of the best races in the region. Runners earn valuable points for themselves and for their CLUB by competing in Grand Prix races with the top individual and CLUB team cumulative point earners in six divisions winning prizes and awards. Runners enjoy the distinction of competing against their peers throughout the year at a variety of venues and distances and coming out on top. The Grand Prix relies on significant monetary support from each race to provide the Grand Prix prizes and awards. All monies are returned to the runners. Grand Prix award winners are recognized at the end of the Grand Prix racing schedule.

**Mission Statement:** The primary mission of the USATF Adirondack Grand Prix is to promote the sport of Long Distance Running by offering top level competition for all runners and club teams in all LDR disciplines. The Grand Prix seeks to provide tangible benefits to USATF Adirondack runners who earn valuable Grand Prix points that may result in prizes and awards, and recognition at the USATF Adirondack awards banquet.

**Eligibility:** Like the Individual Grand Prix, the CLUB Grand Prix is open to all 2016 USATF Adirondack Association member athletes (Age 16+) and member Clubs.

- All participating clubs must have a current Club membership with USATF Adirondack for 2016.
- All CLUB Grand Prix scorers must be bona-fide members of their USATF Adirondack member Club on the day of each race as reflected in their individual USATF online membership profile.

The 2016 USATF Adirondack Association's Long Distance Running (LDR) CLUB Grand Prix competition is in addition to any LDR Championship scoring, individual race scoring and Individual Grand Prix scoring. Separate rules and regulations may apply to these other competitions.

**Rules:**

- Eligible Club runners may enter and compete in as many of the GP races as they wish. Just enter each race as instructed by the race registration process and indicate that you are a 2016 USATF Adirondack member. There is no separate team registration or team declarations as team scoring will be based on the top finishers from each member club based upon each race's results.
- Runners are responsible for maintaining their own USATF online membership profile at: <https://www.usatf.org/myUSATF/index.asp>
- Your USATF online membership profile indicates which USATF Club team you represent and will help us verify your USATF membership, age, contact information, and correct address to mail awards.
- We will not post-date race results for any runners who join USATF Adirondack after the race.
- We will not make any changes to runner's club team affiliation in the final 48 hours before each race. (Changing of club affiliation follows the 90 day rule. Contact the USATF Adirondack office to change clubs.)
- Age is determined on the day of each race. (All 40+ runners must have their age verified by the USATF Adirondack office. Please send a scanned copy of your birth certificate or passport to [eventinfo@usatfadir.org](mailto:eventinfo@usatfadir.org) if your membership profile does not indicate date of birth is verified.)
- For membership profile and club affiliation assistance contact the USATF Adirondack Office at least 48 hours prior to each event at: [eventinfo@usatfadir.org](mailto:eventinfo@usatfadir.org) or 518-273-5552.
- Our website is at: <http://www.usatfadir.org>

**CLUB Grand Prix Divisions:** All team members must be 2016 USATF Adirondack member athletes prior to the start of the race. Team members must all be bona fide members of the same 2016 USATF Adirondack member club in good standing as reflected on their USATF online membership profile at least 48 hours prior to the start of the race.

**Open Team Divisions:**

- Open Men top 4 male runners ages 16+ from the same member club.
- Open Women top 4 female runners ages 16+ from the same member club.

Masters Team Divisions:

- M40+ top 4 male runners ages 40+ from the same member club.
- F40+ top 4 female runners ages 40+ from the same member club.
- M50+ Age Graded top 4 male runners ages 50+ from the same member club.
- F50+ Age Graded top 4 female runners ages 50+ from the same member club.

If qualified, a runner may represent more than one team division in each race scoring.

There is no need to declare team composition for races in the CLUB Grand Prix as all team composition scoring will be based on order of finish from each race.

**Team Scoring for USATF Adirondack LDR CLUB Grand Prix:**

- All Grand Prix Road races will be scored by calculating the cumulative time of the top 4 runners from each member club in each division. Club membership will be reflected on each team member's USATF online membership profile prior to the start of the race.
- All Grand Prix Trail and Cross Country races will be scored by adding the places of the top 4 runners from each member club in each division. Club membership will be reflected on each team member's USATF online membership profile prior to the start of the race.
- USATF Competition Rules will be used to score and break ties in each team scored race and division.

**50+ Age Graded Team Division Scoring EXCEPTION:**

- All 50+ Age Graded Grand Prix Team Divisions will be scored by the cumulative **age graded** time of the top 4 runners of each declared team. Fastest total wins.

**Team Grand Prix Points:**

- We will score 5 places in each team division at each race.
- Points will be awarded in each division as follows:
  - 1<sup>st</sup> – 30 pts., 2<sup>nd</sup> – 25 pts., 3<sup>rd</sup> – 20 pts., 4<sup>th</sup> – 15 pts. 5<sup>th</sup> – 10 pts.
- In addition, regardless of whether the club team finishes in the top five places, each runner who finishes will score 1 additional point for their Club in the appropriate division. Limit of one additional point per runner.

**We will CLUB score every 2016 Grand Prix race. Final placing will be based on the cumulative CLUB team points from the entire Grand Prix schedule within each division.**

**There is no maximum/minimum number of races required for CLUB awards.**

**Breaking Ties in the CLUB Grand Prix final results:** Ties for the top 3 places in any Team division in the final Grand Prix standings will be broken as follows:

- 1<sup>st</sup> tiebreaker - Number of wins in head to head competition in the same race between the tying Teams in a division. (2 team ties only)
- 2<sup>nd</sup> tiebreaker - Total number of wins.
- 3<sup>rd</sup> tiebreaker - total number of different club runners scoring points. (All Grand Prix events included)

If ties are not broken based on the tiebreakers listed above, then the tying Teams will be awarded the same place and awards will be divided evenly between/among all tying Teams as determined by the Grand Prix Games Committee.

**Awards:** The top 3 CLUBS in each of the 6 Grand Prix CLUB team divisions will receive 4 awards at the end of the Grand Prix racing season.

Prize Allocation – for each of six divisions

- 1<sup>st</sup> Adirondack Team Grand Prix Merchandise Awards (4)
- 2<sup>nd</sup> Adirondack Team Grand Prix Merchandise Awards (4)
- 3<sup>rd</sup> Adirondack Team Grand Prix Merchandise Awards (4)

All awards will be presented to the winning CLUB for distribution as they see fit.